



SCHOOL NEWS



27TH FEBRUARY 2026

PRINCIPAL'S UPDATE

Welcome Picnic Fun!

What a fantastic start to the year at our Welcome Picnic! Students, families, and staff came together for an evening of great music, a delicious BBQ cooked by our amazing teachers, and plenty of laughter and play.

The hot summer evening didn't slow anyone down — in fact, the sprinklers on the oval were a big hit, keeping everyone cool while the kids ran, laughed, and made memories that will last a lifetime. From friendly games on the oval to catching up with friends and meeting new faces, the evening was filled with joy and community spirit.

We're also thrilled to share that the BBQ raised \$409 profit! Thank you to everyone who contributed — your support helps fund programs and resources for our students.

A huge thank you to all who joined in and helped make the evening such a success. Nights like these are what make Malvern Valley Primary School a truly special place, where friendships grow, families connect, and childhood memories are made.

We can't wait for more fun events like this in the year ahead.

School Council Nominations Now Open!

Nominations are now open for the 2026 School Council. Being part of the School Council is a meaningful way to contribute to the future direction of our school and strengthen our community partnerships. If you are interested in nominating, please refer to my Compass post for further information. Nominations close at 4:00 pm on Thursday, 5th March.

As we open nominations, we would also like to sincerely thank our outgoing members for their dedication and service. In particular, I would like to acknowledge Pete, our School Council President, who has decided not to renominate this year. During his time on Council, and especially throughout his leadership as President in 2025, Pete has demonstrated commitment, integrity and a genuine passion for our school community. His guidance and steady leadership have been greatly appreciated.

We also extend our heartfelt thanks to Alison, Gurdeesh, and Binara, whose terms have now concluded. Each has contributed thoughtfully to Council discussions and worked diligently within subcommittees to support school improvement initiatives.

We are deeply grateful for the time, energy and care our Council members invest in Malvern Valley Primary School.

Active2School – Bike Support Initiative

In this newsletter, you will find information about our upcoming Active2School mornings, an exciting opportunity to encourage students to walk, ride or scoot to school and build healthy, active habits.

We are thrilled to share that **Stonnington Council** has partnered with **Dr Cranky's** to help ensure that every child has the opportunity to participate. As part of this initiative, second-hand bikes have been generously donated so that students who may not currently own a bike can still be involved. If your family is currently experiencing hardship and your child/ren do not have access to a bike, please reach out to me directly. I will organise a donated bike, free of charge. All conversations will remain completely confidential.

This is a wonderful example of community partnership in action, ensuring that every child has the chance to be active, build confidence, and enjoy riding to school with their friends.

We look forward to seeing many students participate in our upcoming Active2School mornings!

Assembly

Our next Assembly will be held on **Friday, 6th March at 2:45 pm** in The Sherwood Centre.

Cake Raffle – \$1 per ticket

Our next cake raffle will be held during assembly! This week, our brave bakers are the Sutphin Family – thank you for contributing a delicious cake for our school community. Tickets are just \$1 each, and the lucky winner will be drawn during assembly. Don't miss out on your chance to win a scrumptious treat!

Amy Tinetti
Principal

Importance of Sleep

As part of the wellbeing program at MVPS, we conduct fortnightly surveys to help track each student's current level of wellbeing. These surveys build a strong culture of student voice across the school, help us identify any issues early, and support social-emotional learning.

Some examples of questions asked in the survey include “How have you been feeling this week?” and “How have you been going with friends this week?” Over the past fortnight, we've noticed a pattern: **nearly half of our MVPS students are giving a “thumbs down” when asked, “How has your sleep been over the last week?”**

To support students at school, we'll be spending time over the next fortnight exploring healthy sleep habits through classroom discussions and activities. To support healthier sleep habits at home, here are some helpful tips:

Keep a predictable bedtime routine: A consistent pattern — like bath, pyjamas, story, lights out. This helps the brain recognise it's time to wind down. Routines create a sense of calm and security.

Power down screens early: Try to switch off tablets, TVs, and phones at least an hour before bed. Bright screens can make it harder for kids to settle.

Create a cosy sleep environment: Dim lights, comfy bedding, and a quiet room make a big difference. A favourite soft toy or nightlight can help younger children feel safe.

Keep active during the day: Plenty of movement, playing outside, sports, walking helps kids burn energy and feel naturally ready for rest at night.

Andrew Brown





MARCH

KEY

- Morning Sport 8:15 - 8:45
- Icy Pole Friday
- Cake Raffle

MON	TUE	WED	THU	FRI	SAT	SUN
23	24	25	26	27	28	1
2 Curriculum Day	3	4	5 Year 5 & 6 Lightning Premiership	6 Assembly 2:45pm	7	8
9 Labour Day	10	11 NAPLAN	12	13 NAPLAN	14	15
16 NAPLAN Dr. Cranky's Bike Repairs	17 School Photos	18 NAPLAN Student Leaders Excursion School Council AGM 7pm	19 Prep - Year 2 Incursion	20 Harmony Day Assembly 2:45pm	21	22
23 Active2School Day Dr. Cranky's Bike Repairs	24	25	26	27 Open Morning 9am - 9:30 Year 3-6 Cross Country	28	29
30 P/T Interview 3:30 - 5pm	31 Year 3&4 Incursion P/T Interview 3:30 - 5pm	1/4	2 Last Day of Term 1 Finish at 2:30	3 Good Friday	4	5

ACTIVE2SCHOOL DAY



16/3 DR. CRANKY'S BIKE CHECKS
BEFORE AND AFTER SCHOOL

23/3 DR. CRANKY'S BIKE CHECKS
BEFORE AND AFTER SCHOOL

23/3 BIKE 'N' BLEND SMOOTHIE MAKING

23/3 RAFFLE FOR STUDENTS WHO RIDE, SCOOT OR WALK TO SCHOOL



STUDENTS OF THE FORTNIGHT

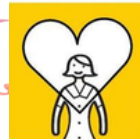
PREP T DANIEL
1 C MICHAEL
1 V AVERY
2 G ZARA
2 M OLIVER
3/4 D HENRY
& MIA
3/4 M KHALID
3/4 P MILA
5/6 C ALEX
5/6 K BENJI
5/6 P HARGUNN



RESPECT



RESILIENCE



CONFIDENCE



COOPERATION



@MALVERNVALLEYPS

SCHOOL PHOTO DAY- TUESDAY 17TH MARCH

MVPS has once again engaged msp photography for our 2026 School Photos.

The team from msp photography will be taking:

- Class Photos
- Special Group Photos (Student Leaders, JSC, Green Team)
- Individual Portraits
- Sibling Photos

All ordering is via Compass <https://www.compass.education/guide/#Ordering-Photos-Online>

If you have any questions, please contact msp directly on (03) 9115 1642 or email melbourne@msp.com.au



MSP Photography Melbourne
T: 03 9115 1642
E: melbourne@msp.com.au
www.msp.com.au

Malvern Valley Primary School
Photo Day: Tuesday 17th March 2026

School photo day is fast approaching, make sure you place your order via Compass.

1. Click the Community Tab in the Compass App
2. Select Photos
3. Place your order

A late/processing fee will apply for orders received 1 week after photo day.
All family/sibling orders must be placed by 11pm the day before photo day.

Proudly Powered by Compass



Scan QR Code above for
step-by-step instructions

**LIFE IS
EASIER
WITH MSP**

Carnival Planning has commenced!

This will be an exciting date on the MVPS calendar and a major fundraiser for our school. We are tentatively targeting Sat, Nov 7th 2026 for our 2026 carnival!

These events cannot happen without the support of our parent volunteers. We are still looking to fill important committee roles leading Entertainment, Food & Beverage, Sponsorships and Marketing & Comms.

If you're interested in being involved please email mypscarnival2026@gmail.com to express interest.

Thanks so much,
Rithi

THEIRCARE NEWS



MalvernValley PS TheirCare

TERM 1

NEWSLETTER

February 2026

Feburary Update

Over the last fortnight, we have been learning about and celebrating Chinese New Year through various experiences. Dumpling making was highly popular, with many eager to attempt the process even if it wasn't something they typically chose to eat. We made vegetable dumplings using cabbage, tofu, mushrooms, spring onion, sesame oil, soy sauce and spices. The children helped cut, pour and mix the ingredients together for the filling, and then used the half fold technique to make their own dumplings. Everyone landed up trying at least one, curious about the taste and texture of their creation. Through this process, they built on their fine motor skills, developed a better understanding of healthy foods and nutrition, as well as a deeper knowledge of Chinese culture. Some of the other activities have included Calligraphy, Catch the Dragons Tail game, Paper Lantern making, and Water Painting.



Theircare Room Leaders

Over the last few weeks, we have been talking about selecting Room Leaders who can be good role models, help guide the younger students in the room, and assist with setting up and running activities based on their strengths and interests. The children eager to take on this role were tasked with writing a letter detailing what would make them a good leader.

Congratulations to the first Theircare Room Leaders!

- Sinna Mohamed,
- Charlie Chipchase,
- Jack Ware,
- Jacob Murfin, and
- Emily Caswell



FLIPPIN' FUN PANCAKE PARTY!

TUESDAY 17 MARCH

We're mixing up Shrove Tuesday and St. Patrick's Day cheer! We'll be flipping pancakes, enjoying green crafts, making good luck charms, and playing silly games.

Join in the fun during after-school care, at no extra cost to families. To book visit TheirCare.com.au



TheirCare's
Autumn
2026
Holiday Program

iSpyKIDS



Something exciting is coming this Autumn...

iSpy Kids!

Packed with mystery, curiosity and fun filled adventures, it will be one school holiday program you won't want to miss! Bookings open soon...

CONTACT SERVICE:

+61 475 144 393

malvernvalley@theircare.com.au

TC HEAD OFFICE:

1300 072 410

info@theircare.com.au

www.theircare.com.au



SUPPORT OUR COMMUNITY

STAGE ACT LEFT performing arts school SING DANCE

ENROLMENTS
NOW OPEN



- Weekly Term Classes Act, Sing & Dance
- Holiday Theatre Workshops
- Private Singing Lessons
- Ages 4-16
- Venues: East Malvern, Rowville, Hampton, Glen Iris & Camberwell

ph: 1300 369 443

www.stageleft.com.au

PERFORM BETTER IN LIFE, NOT JUST ON THE STAGE



\$245 for 3 days! 30% Offer ends March 15!

PROGRAM INCLUDES

- 01 9-3pm each day
- 02 AFL, Basketball, Futsal Netball, Soccer, Hockey and Tennis on offer
- 03 Suitable for all ages and skill levels
- 04 Guest appearances at selected programs

THREE DAY SCHOOL HOLIDAY SPORTS CAMPS!

LOCATIONS

- Camberwell High School, Canterbury - 8, 9, 10 April 2026
- Anderson Park, Hawthorn East - 13, 14, 15 April 2026
- HA Smith Reserve, Hawthorn - 8, 9, 10 April 2026
- Melbourne Girls Grammar, Richmond - 7, 8, 9 April 2026
- Camberwell Hockey Club, Canterbury - 14, 15, 16 April 2026
- Doncaster Secondary College, Doncaster - 15, 16, 17 April 2026
- Bundoora Indoor Sports Centre - Fitzroy North - 8, 9, 10 April 2026

It was overall very positive and the kids made great connections with coaching staff and other participants

Contact Us:
1300 914 368
admin@australiansportscamps.com.au

More Information:
australiansportscamps.com.au

ASHWOOD REVEALED

Ashwood High School warmly welcomes you to attend our Open Day and Night, Ashwood Revealed.

Wednesday 29 April 2026

ASHWOOD HIGH SCHOOL
50 Vannam Drive
Ashwood 3147

SCHEDULE

- ✓ 09:15am School Tour
- ✓ 10:15am Principal's Address
- ✓ 11:30am School Tour
- ✓ 05:00pm School Tour
- ✓ 05:30pm School Tour
- ✓ 06:00pm School Tour
- ✓ 06:20pm School Tour
- ✓ 07:00pm Principal's Address

REGISTER ONLINE NOW

www.ashwood.vic.edu.au

EARLY YEARS @ PHOENIX PARK
LONDON COLLEGE EDUCATION CENTRE

'Supporting Big Emotions in Children (and Ourselves)'

PARENT EDUCATION WORKSHOP

Featuring an experienced panel of local child health & wellbeing experts.

Wednesday, 11th of March
from 6-9:30pm.
Early Years at Phoenix Park,
25 Quentin Rd, Malvern East.
When & where we're gathering.

You will hear from a thoughtfully curated panel of local professionals, including:

- A Music Teacher
- A Family General Practitioner
- A Play Therapist
- A Speech Pathologist
- A Family Child Counsellor
- An Occupational Therapist
- An Early Years Educator from our centre, EYPP
- A Child Psychologist

Who you'll hear from.

Hosted by Doctor Billy Stougas, G.P. and President of the E.Y.P.P. Parent Committee.

Big emotions are a normal part of early childhood - for children and the adults supporting them. This relaxed, parent-focused session explores why big feelings show up, what's happening beneath the behaviour and simple, practical ways to support young children - while also caring for our own emotional responses in the moment.

The heart of this session.

Bookings are available via Humanix. This session offered as pay what you feel to help keep it accessible for all families. You're invited to contribute an amount that feels comfortable for you.

How to book your ticket.

PLEASE SCAN THE QR CODE OR VISIT THIS LINK:
<https://events.humanix.com/supporting-big-emotions-in-children-and-ourselves>

